

# The difference we've made so far..

2018



Telling stories  
Touching lives



Approximately **1000** people have either received our first publication, attended one of our workshops or attended one of our events.



We have received over **500** comments via written feedback in a letter, feedback form or email



We have analysed the feedback based on the theme, specific comment and the words used.

Praise of founding story and team

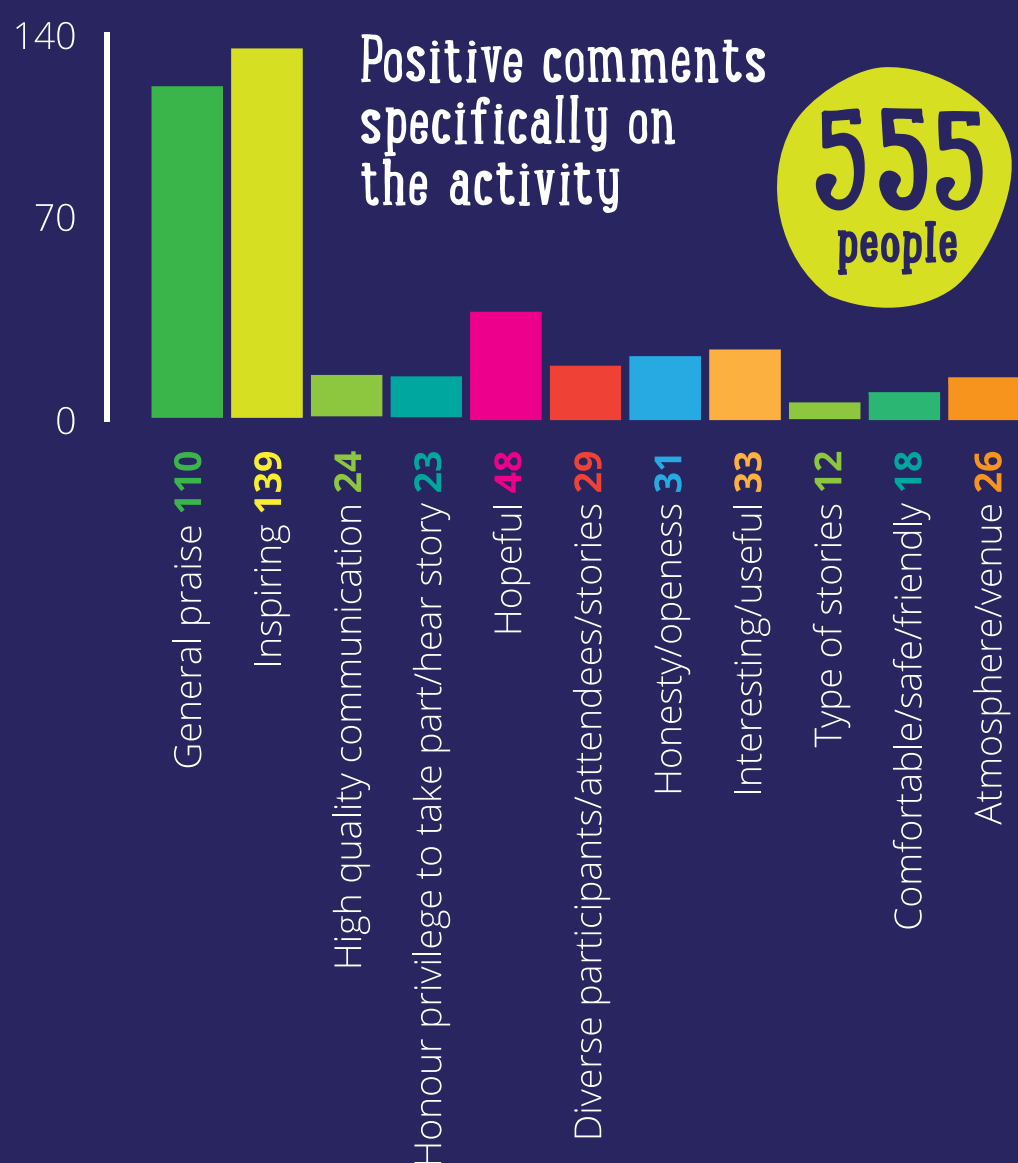
**86**  
people

Positive **1**  
Determined **2**  
Creative **3**  
Inspiring **13**  
Brave **27**  
General Praise **50**

Reflection/action resulting from activity

**116**  
people

Conscious action **4**  
Power of honesty/openness **6**  
Power/importance of self belief **8**  
Connected to storyteller **13**  
Learning from/supporting others **24**  
Reflected on own life **26**  
General reflection **37**



## Thoughts on Touch Project



## Practical stuff



Personal and business journey from  
Hope / Family / Independence and dependence  
Challenging  
"I was very much blown away by the  
gathering of life storytelling last night."  
Suprise learning from PhD  
Vulnerability Linking self to work  
Recovering from depression  
Freedom from abuse, debt and mental health difficulties  
Waiting for your dream  
Living life to the full with depression  
Re start  
Rejecting social norms  
Life during a PhD  
Emotional eating to freedom  
Overcoming MH struggles and how PhD is part of life  
Bereavement  
Taking the scenic route through life!  
Silver linings  
Identity, belonging and family  
Leading a meaningful life  
Self Care /  
Living life to the full with Cerebral Palsy  
Inspiring and hopeful - and helped me feel less  
alone with some of the issues I'm facing.  
Launching own Business  
Advantages of Dyslexia  
Overcoming fear of rejection  
Finding resources to deal with challenges  
Very from mental breakdown  
Sharing stories really does change lives."  
Think global act local - what can we  
Poem reflections on womanhood



Telling stories  
Touching lives